



Contemplative Enneagram Practitioner Program Guide

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Evolving Enneagram
Founder & Principal Faculty

2026-2027

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Welcome Letter from Rev. Nhien

Greetings, 

Welcome to the Contemplative Enneagram Practitioner Training & Certification journey. I'm deeply grateful that you are here.

Over the course of this year, we will not simply study the Enneagram together. We will enter a shared process of contemplative formation, compassionate self-understanding, embodiment, sacred inquiry, and relational presence.

CEP is rooted in the belief that the Enneagram is far more than a personality framework. It can also become a living path of awakening, integration, humility, discernment, and wholeness.

Together, we will explore not only patterns of personality, but the deeper movement toward greater freedom, compassion, authenticity, and embodied presence.

Whether you are arriving primarily for personal transformation, spiritual deepening, professional formation, or a longing to companion others more consciously and compassionately, I trust this journey will unfold in meaningful and often unexpected ways.

I hope you will feel deeply supported not only through the teachings themselves, but also through the beautiful community that naturally emerges around this work.

Warmly,

Rev. Nhien
Founder & Principal Faculty
Evolving Enneagram

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Program Vision & Philosophy

Evolving Enneagram is a contemplative Enneagram school devoted to awakening and embodying our true nature.

The CEP journey approaches the Enneagram not merely as a personality system, but as a sacred map of awareness, transformation, embodiment, and compassionate presence.

Rooted in contemplation, inquiry, relational practice, and lived experience, this program invites participants into both personal deepening and the cultivation of greater humility, discernment, and care in accompanying others.

Participants come from a wide range of backgrounds, including spiritual direction, ministry, healing professions, coaching, therapy, contemplative communities, interspiritual spaces, and those simply longing for deeper presence and transformation within their own lives.

Many participants have also completed previous Enneagram trainings or certifications and are drawn to the spiritually inclusive, relational, compassionate, and contemplative depth of Evolving Enneagram's approach.

2026–2027 Program Timeline

Module 1 — Foundations of the Contemplative Enneagram

October 16–18, 2026

10:00 AM–6:00 PM CT each day

Module 2 — Instinctual Bias & Inner Awakening

December 4–6, 2026

10:00 AM–6:00 PM CT each day

Module 3 — Holding the Circle: Sacred Accompaniment

January–May 2027

- 12 Live Learning Labs · 90-minute experiential gatherings alternating Tuesdays and Wednesdays
- Half-Day Training: March 6, 2027 · 10:00 AM–2:30 PM CT

Module 4 — Crafting Your Calling: Designing Your Practicum

May 14–15, 2027

10:00 AM–6:00 PM CT each day

Two 1:1 Private Mentoring Sessions with Rev. Nhien

Completion of Final Paper (on your own) by midnight CT August 27, 2027.

Module 5 — In-Person Immersion: Integration & Wholeness

September 2027

(3 nights during the first half of September; final dates and location to be announced)

Program Pathways

Spiritual Explorers Path

The Spiritual Explorers Path includes Modules 1 and 2 and is designed for contemplative seekers, spiritually curious individuals, and those longing for deeper self-understanding and transformation through the lens of the Enneagram.

This pathway offers a meaningful opportunity for personal growth, contemplative practice, embodiment, and spiritual deepening without requiring continuation into certification.

Participants who complete the Spiritual Explorers Path may later choose to continue into the full CEP Training & Certification journey prior to the beginning of Module 3.

CEP Training & Certification Path

The full CEP pathway includes all five modules and is intended for those feeling called to companion others through contemplative Enneagram work within spiritual direction, ministry, healing professions, coaching, teaching, counseling, facilitation, or other forms of sacred accompaniment.

Beyond conceptual understanding, the CEP pathway emphasizes relational presence, contemplative formation, experiential learning, embodied practice, and the ethical responsibility of accompanying others with humility, compassion, and discernment.

Continuing Formation Path

This path is intended for returning CEP practitioners who feel called to continue deepening in contemplative formation and integration. Revisiting this work deepens not only one's own embodiment and presence, but also one's capacity to companion others with greater wisdom, compassion, and depth over time.

Learning Labs & Experiential Practice

Learning Labs are live, experiential gatherings designed to support embodied learning, contemplative facilitation, relational presence, and sacred accompaniment.

These gatherings are not simply informational sessions. They are spaces for integration, practice, reflection, compassionate inquiry, feedback, and lived experience within a supportive learning environment.

Participants practice:

- contemplative listening
- relational presence and attunement
- facilitation and group process
- Enneagram-informed inquiry
- reflective dialogue
- ethical discernment
- embodied companioning

To support international participation, Learning Labs generally alternate between:

- Tuesdays · 10:00–11:30 AM CT
- Wednesdays · 6:00–7:30 PM CT

Participants on the CEP certification pathway are expected to attend at least 6 of the 12 Learning Labs live.

Full Learning Lab Schedule

January 2027

- Jan 19 (Tue) · 10:00–11:30 AM CT
- Jan 27 (Wed) · 6:00–7:30 PM CT

February 2027

- Feb 2 (Tue) · 10:00–11:30 AM CT
- Feb 10 (Wed) · 6:00–7:30 PM CT
- Feb 16 (Tue) · 10:00–11:30 AM CT
- Feb 24 (Wed) · 6:00–7:30 PM CT

Half-Day Training

March 6, 2027 · 10:00 AM–2:30 PM CT

March 2027

- Mar 10 (Wed) · 6:00–7:30 PM CT
- Mar 16 (Tue) · 10:00–11:30 AM CT
- Mar 24 (Wed) · 6:00–7:30 PM CT

A slightly longer integration break follows.

April–May 2027

- Apr 20 (Tue) · 10:00–11:30 AM CT
- Apr 28 (Wed) · 6:00–7:30 PM CT
- May 4 (Tue) · 10:00–11:30 AM CT

IEA Accreditation Points & Certification Expectations

The full CEP Training & Certification journey is designed to qualify for approximately 100 professional accreditation hours through the International Enneagram Association (IEA).

Participants seeking CEP certification are expected to:

- complete all five modules
- participate meaningfully in Learning Labs
- fulfill attendance requirements
- complete required make-up sessions when applicable
- participate in mentoring
- complete final practicum and integration requirements

Certification reflects not only conceptual understanding, but also sufficient engagement, formation, practice, embodiment, and integration throughout the year.

Live Participation & Attendance Policies

Live participation is deeply encouraged as part of the relational, experiential, and contemplative nature of the CEP journey.

We highly encourage participants to approach these weekends as they would an on-site retreat—creating spaciousness and sacred time to be fully present not only for the teachings, but also for the beautiful community that naturally unfolds around this journey.

Participants seeking CEP certification may miss no more than:

- one hour per day of live online training
- or 30 minutes of the Module 3 half-day training

without requiring a make-up session.

When additional time is missed, private make-up sessions with Rev. Nhien may be required in order to support comprehension, integration, and certification readiness.

Make-Up Session Requirements

90-minute make-up sessions are generally required when missing more than one hour per day of Modules 1 or 2.

60-minute make-up sessions are generally required when missing:

- more than 6 of 12 Learning Labs
- more than one hour of Module 3's half-day training
- more than one hour per day of Module 4

Current private make-up session rates:

- 60-minute session · \$225
- 90-minute session · \$325

Participants continuing on the CEP pathway also receive access to optional 1:1 sessions with Rev. Nhien for additional support, discernment, integration, or deepening throughout the year.

Continuing Formation Path

Returning CEP participants are warmly invited to revisit the yearlong journey as a form of continuing formation, contemplative practice, integration, and deepening.

Many returning participants discover that revisiting the material from a new stage of life and embodiment opens additional layers of compassion, discernment, humility, relational awareness, and contemplative presence.

Participants on this path may engage more flexibly while still receiving additional IEA accreditation hours when applicable.

Although live participation remains deeply encouraged, certification-related make-up requirements do not apply in the same way for participants who have already completed the CEP certification journey.

Retreat Details & Estimated Costs

Module 5 is an in-person contemplative immersion scheduled for September 2027.

CEP tuition does not include travel, accommodations, or meals for the in-person retreat.

Rev. Nhien is currently discerning retreat locations within the continental United States, with particular interest in locations offering beauty, spaciousness, contemplative atmosphere, and accessibility.

Estimated lodging and meal costs are expected to range up to approximately \$625 per person for single occupancy accommodations, with lower rates possible for shared rooms.

Final retreat location, lodging details, meal information, and travel guidance will be shared once planning and discernment are complete.

Program Investment & Payment Plans

Spiritual Explorers Path

\$900

CEP Training & Certification Path

\$3,250 | Installment-based payment plans are available for the CEP Training & Certification Path.

Early Bird Discount

10% off for e-newsletter subscribers

Deadline:

Friday, July 17, 2026 at midnight CDT

Please note that Early Bird pricing applies only to paid-in-full CEP registrations and does not apply to installment plans.

Refund & Cancellation Policy

Because this is a relational, cohort-based program with intentionally limited enrollment, registration supports advance planning and the stability of the learning environment for all participants.

Evolving Enneagram also intentionally seeks to keep programs as financially accessible as possible, particularly for those serving within spiritually oriented, healing, contemplative, and helping professions.

Participants who withdraw prior to September 1, 2026 may receive a full refund minus a \$150 administrative fee. Partial refunds may be available through October 1, 2026.

Due to the cohort-based nature of the program, no refunds are available after October 1, 2026, though credits may be transferred toward another Evolving Enneagram offering.

Scholarships & Sponsorships

Limited scholarship and sponsorship support may be available for those experiencing financial hardship.

If cost is the primary obstacle to participation, participants are warmly encouraged to reach out.

We also welcome those who feel called to support greater accessibility and the long-term sustainability of these offerings through sponsorship.

Technology & Course Access

Live sessions are held on Zoom.

Course materials, schedules, recordings, and related resources are shared through Evolving Enneagram's online learning platform, currently hosted through Mighty Networks.

Participants are responsible for ensuring reliable internet access and the ability to participate via Zoom.

Additional access instructions and orientation details will be provided following registration.

Facilitator Bio

Rev. Nhien Vuong, J.D., M.Div., is the founder of Evolving Enneagram, a contemplative Enneagram school devoted to awakening and embodying our true nature.

She is an internationally recognized Enneagram presenter, retreat guide, spiritual director, former Stanford Law attorney, Unity minister, IEA Accredited Professional with Distinction, and certified Somatic Enneagram™ facilitator.

She is the author of *The Enneagram of the Soul: A 40-Day Spiritual Companion for the 9 Types*.

For additional questions: revnhien@evolvingenneagram.com

“The privilege of a lifetime is to become who you truly are.”— Carl Jung